

## Building a Medical Home



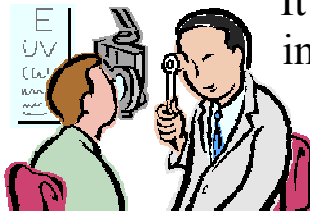
A medical home is not a building or house, but a way for you to get ongoing, coordinated health care.

Your primary care provider (PCP) is your medical home. You can choose one medical home for your whole family, or one for each person.

You get better health care from a medical home because your PCP knows your medical history. She also keeps all your medical records in one place.

Through your PCP, your medical and non-medical needs should be met. Your medical home will coordinate your care and give you referrals for other services when necessary. He

can also connect you with community resources that are important for your overall health, like education or family support.



It's also important to see only one provider in other areas of your health, such as dental and vision care. The same holds true with your pharmacy.

Remember: Being on time for appointments and paying cost shares are important to keeping a good relationship with your medical home.

Building a good relationship with your medical home will help you stay healthy!



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